



2nd EUROPEAN CONGRESS ON PREVENTIVE,
REGENERATIVE AND ANTI-AGING MEDICINE

18-20 March 2010 • Milan

2ND EUROPEAN CONGRESS ON PREVENTIVE REGENERATIVE AND ANTI-AGING MEDICINE



WELCOME

The European Society of Preventive Regenerative and Anti-Aging Medicine (ESAAM) is pleased to announce its 2nd edition of ECOPRAM (European Congress on Preventative Regenerative and Aging Medicine) in Milan, 18-20th March 2010.

ECOPRAM will mark a joint venture of the European Society for Preventive Regenerative and Anti-Aging Medicine (ESAAM) with Medical Conferences International Inc (MCII) as an expert congress organizer. ESAAM is a medical and scientific interdisciplinary umbrella organization. Its main objective is the dissemination of knowledge about preventive and regenerative medicine throughout Europe.

The congress will be attended by a wide range of physicians and medical professionals all keen to learn the latest researches, share ideas and discover the latest technologies in this field from medical experts. The American Academy of Anti-Aging Medicine (A4M) and the World Anti-Aging Academy of Medicine (WAAAM) will support this event. The comprehensive conference programme will ensure the coverage of all components of anti-aging medicine and will include lectures on genetics, preventive medicine, regenerative medicine, hormone replacement therapies, stem cell solutions, aesthetic medicine and nutrition complemented by information presented in the exhibition hall.

The 2nd ECOPRAM is a significant milestone for the European medical and healthcare community. Since its inception in 2003, ESAAM has encouraged the new clinical specialties of preventive and regenerative medicine and anti-aging science and the continuous education of physicians on these medical disciplines.

We look forward to welcoming you, clinicians, scientists, visitors and exhibitors to Milan in March 2010!

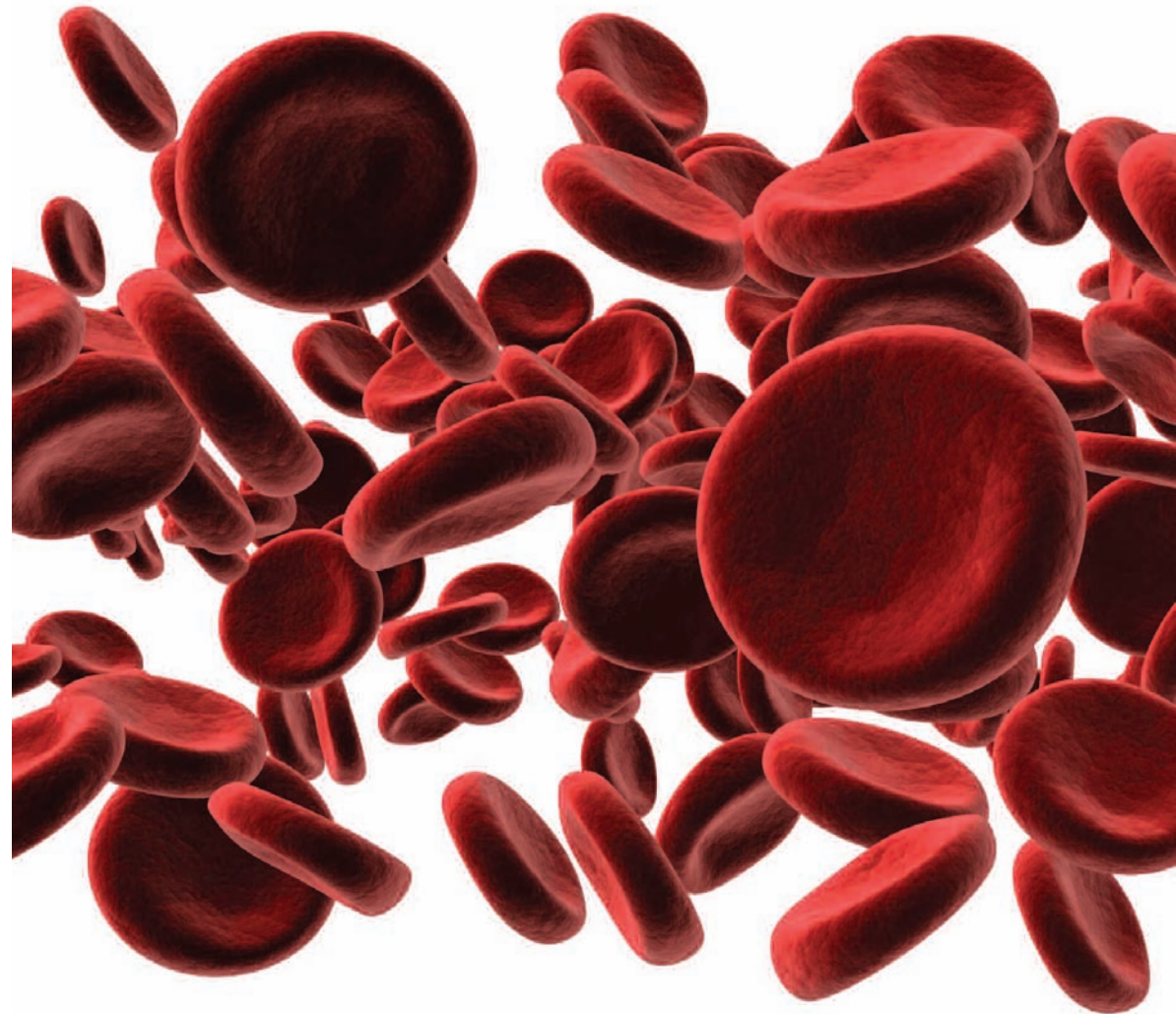


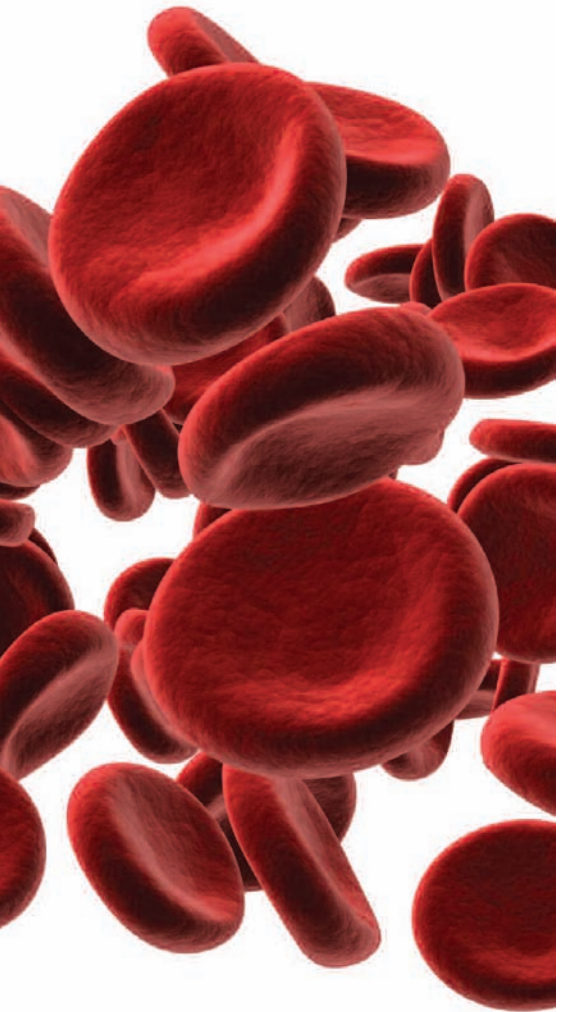
Prof. Dr. Christos C. Zouboulis
President, ESAAM and President,
2nd ECOPRAM



For further information on the congress please visit: www.ecopram.com

www.ecopram.com





DATE AND LOCATION

Date: 18-20 March, 2010
Place: Milan Convention Centre, Italy

THE ORGANISERS:



"By 2030, Europe will have an average age of nearly 49 years old compared to today's average age of 42, and through out Europe similar trends of extended life span are being recorded.

ECOPRAM will prepare today's physicians to deal with the rise in aging related issue both biologically and aesthetically"

Prof. Dr. Michael Klentze,
General Secretary, ESAAM



As Honorary President of the European Society for Preventive, Regenerative and Anti-Aging Medicine (ESAAM), Secretary General of the Italian Academy of Anti-Aging Medicine (AIMAA), Honour President of the Union Internationale de Médecine Esthétique (UIME) and as Director of the International School of Aesthetic Medicine of "Fatebene-fratelli" International Foundation (SIME-FIF), I welcome ECOPRAM, that will be held for the first time in Italy. I am confident that the European doctors will greatly benefit from this scientific event.

Prof. Dr. Carlo Alberto Bartoletti
ESAAM Honorary President
AIMAA Secretary General
UIME Honour President
SIME-FIF Director



"It gives us great pleasure to host the second European Congress on Preventive, Regenerative and Anti-Aging Medicine in Milan, Italy. As

president of the Italian Association of Anti-Aging Physicians (AMIA), ECOPRAM is a natural and logical fit with our society. We look forward to providing delegates with the opportunity to learn the latest researches, share ideas and discover the latest technologies in this field and to welcoming European medical professionals to Milan in March 2010."

Dr. Damiano Galimberti,
President, Italian Association of Anti-Aging Physicians (AMIA) and President of 2nd ECOPRAM Local Organising Committee



MEMBERS OF THE 2ND ECOPRAM SCIENTIFIC COMMITTEE:



Prof. Dr. Christos C. Zouboulis
Departments of Dermatology,
Venereology, Allergology and
Immunology, Dessau Medical Center,
Dessau, Germany



Dr. Damiano Galimberti
President Italian Association
of Anti-Aging Physicians, Milan, Italy



Prof. Dr. Michael Klentze
Vitalife Wellness Centre, Bumrungrad
Hospital, Bangkok, Thailand



Prof. Francesco Romanelli
UOC Endocrinology and Andrology
Sapienza University of Rome
Vice President of AIMAA



Prof. Dr. Andreas Katsambas
Department of Dermatology, Andreas
Sygros Hospital, University of Athens,
Athens, Greece / President, European
Academy of Dermatology and
Venereology (EADV)



Dr. Michael Papacharalampous
President, Hellenic Society of Preventive
Medicine and Anti-Ageing (HSPMAA),
Athens, Greece

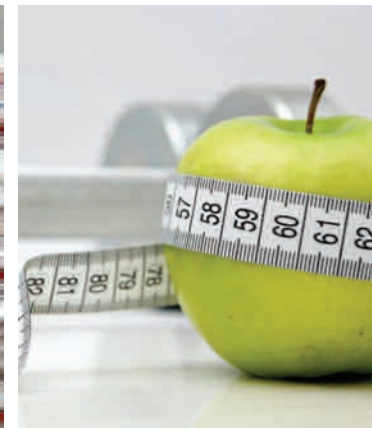


Dr. Efstathios S. Gonos
Director of Research, National Hellenic
Research Foundation, Institute of
Biological Research and Biotechnology,
Athens, Greece



Prof. Alberto Massirone
President, Italian Society of Aesthetic
of Medicine (AGORA), Milan, Italy

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MEDICAL TARGET AUDIENCE

ECOPRAM invites physicians from all medical specialties and enables both non-experienced and experienced physicians to develop or update their knowledge and skills in preventive, regenerative, anti-aging and aesthetic medicine. Medical professionals from the following disciplines will benefit from attending:

- General Practitioners/ Family Practice
- Endocrinologists
- Dermatologists
- Gynaecologists
- Nutritionists
- Sports Medicine
- Plastic/Cosmetic Surgeons
- Internal Medicine Specialists
- Gerontologists
- Chiropractors/Physiotherapists
- Anti-Aging Practitioners
- Cardiologists
- Orthopaedics
- Researchers/Scientists
- Aesthetic Practitioners

ACTIVITIES PLANNED

Lectures, workshops and advanced training courses, all-day exhibition.

The 3-day conference and exhibition will be preceded by the Fellowship in Anti-Aging, Regenerative & Functional Medicine, which is a top-level training and certification programme for physicians wanting to independently practice Anti-Aging Medicine.

CONFERENCE TOPICS INCLUDE

Genomics and aging:

- Biology and genetics of aging
- Genetic variation diagnosis and clinical approach
- Anti-Aging treatments: what is the evidence?

Hormone Replacement Therapy

- DHEA update
- Melatonin, sleep disorders and cancer HCG treatment for weight loss
- Isoflavones in the treatment of menopausal syndrome
- Safe female hormone therapy with bioidentical hormones

Nutrition and Nutritigenomics

- Nutritional lifestyle and link to chronic and degenerative diseases
- Metabolic Syndrome between diet, pharmacology, nutraceuticals and genomics

Sports Medicine

- Fitness & Nutrition in aging
- Physical exercise, sarcopenia and aging
- Aging and physical activity

Obesity, Diabetes Type II

- Diagnostics
- Weight loss programmes
- Genetics of Diabetes
- BHRT – a new approach in the care of diabetes

Laboratory Testing & Diagnostics

- Biomarkers for aging: Biochemistry implications for a correct diagnosis
- Hormone testing: Saliva, urine or plasma?

Regenerative Medicine

- Application of stem cells in anti-aging and regenerative medicine
- Use of stem cells in intravenous form

Primary and Secondary cancer Prevention

- Diagnostics of Breast, prostate, lung, and colon cancer
- Immune diagnostic in cancer patients
- Primary and Secondary Preventive Treatment interventions
- Immune therapy as a preventive approach

Brain Aging

- Diagnostics for Alzheimer early detection
- Regenerative medicine in neurological damage diseases (Alzheimer, Parkinson, ALS)
- Cerebral senescence: how to evaluate it, psychological approach and test about mild cognitive impairment

Aesthetic Medicine

- Combination surgical approach for rejuvenation of the face and neck
- Fat grafting for breast augmentation
- IGF-1 local treatment in skin aging
- Workshop on filler techniques
- Workshop on Botulinum techniques

Non- invasive treatments

- Dermatological procedures in anti-aging medicine
- Circulating stem cells for medical beauty
- Biology of skin aging
- Non-surgical laser treatments

Clinical Medicine

- Common diseases in aging individuals
- Gerontology and Aging Research

COMMENTS FROM ESAAM SOCIETY MEMBERS:



"ECOPRAM will be one of the most academic, scientific and renowned conference in Europe on Anti-Aging and Aesthetic Medicine "

**Dr. Jean-Pierre Naim Vice-President,
Swiss Academy of Anti-Aging Medicine**



"The Anti-Aging and Aesthetic Medicine Society-Turkey (A3M Society-Turkey) aims to conduct researches on subjects related to the nature and the cellular mechanisms of aging, and the prevention and treatment of diseases linked to aging. The of A3MSociety Turkey are therefore delighted to be working with ECOPRAM in March 2010."

Prof. Cimen Karasu, President, A3M Society Turkey



"The international scientific group of applied preventive medicine (IGAP) strongly supports the 2nd edition of ECOPRAM as milestone for academic dialogue in this important field for public health affairs. We consider the upcoming congress in strong support of this effort and appreciate the opportunity of comprehensive exchange of expertise on this very occasion."

**Prof. Claus Muss, President,
IGAP (International Society of Preventive Medicine)**



"This promises to be a very interesting meeting with an outstanding Faculty of world-known speakers, from whom, we can learn a lot. We encourage you to attend this international event to gain new knowledge and exchange views and opinions."

**Prof. Sergey V. Nudelman, President,
Russian Society of Anti-Aging Medicine**

EXHIBITOR PROFILE

ECOPRAM will enable local, European and international companies to target the appealing Italian market whilst reaching a wider audience of European medical professionals.

Companies with the following products will undoubtedly benefit from their participation at ECOPRAM:

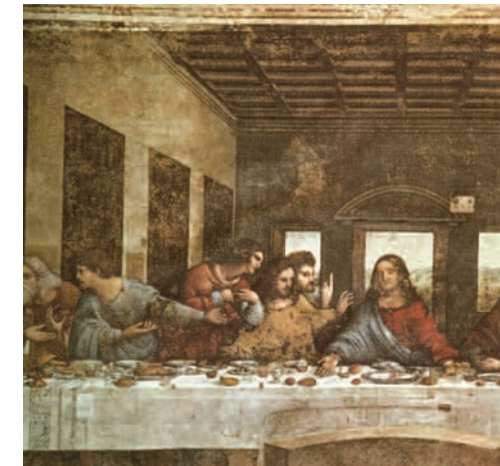
- Diagnostic Equipments
- Laboratory tests
- Medical Aesthetic Devices
- Stem Cell solutions
- Compounding services
- Cosmeceuticals
- Physical Therapy equipment
- Support Softwares
- Aesthetic Treatments
- Dietary supplements
- Fitness/Physical Therapy Equipment
- Pharmaceutical industry
- Cosmetic industry

EESAAM SOCIETY MEMBERS

The 2nd ECOPRAM is supported by the following ESAAM Society Members:



French Society of Aesthetic Medicine (SFME)
Russian Association of Rehabilitation Medicine (RARM)
Turkish Society of Menopause and Osteoporosis (TSMO)
International Association of Anti-Aging Medicine of Ukraine (MAMASU)





ABOUT THE VENUE:

In the heart of the city, the Milano Convention Centre (MIC) opened in 2002 and doubled in size in 2005. Today MIC is the newest and largest in Italy with capacity for up to 25,000 people.

Milan is the second largest city in Italy and is renowned as a world capital of design and fashion. The Duomo, Leonardo's The Last Supper and the La Scala Opera House are some of its many cultural highlights. With 3 international airports, Milan is a convenient and idyllic location for the second annual ECOPRAM.

ORGANISERS

European Congresses of Preventive, Regenerative and Anti-Aging Medicine (ECOPRAM) are organised by the European Society of Preventive, Regenerative and Anti-Aging Medicine (ESAAM) with the support of Medical Conferences International Inc (MCII), a subsidiary of Tarsus Group, as professional organiser. Listed on the London Stock Exchange, Tarsus is headquartered in the UK - with offices in Germany, France, Dubai, China and the USA. Tarsus provides a wide range of companies with a platform to market their products through exhibitions, conferences, publications and the Internet. The 2nd ECOPRAM is organized with the help of the Italian Association of Anti-Aging Physicians (AMIA), a local ESAAM member. Tarsus has also appointed Aristeia as the local professional organiser. Aristeia has over 20 years of experience in organising international congresses and has particular knowledge in running medical congresses in Italy.

STAND PACKAGES & SPONSORSHIP OPTIONS

ECOPRAM stand packages and Platinum, Gold, Silver and Bronze sponsorship options, available at ecopram.com





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CONTACT DETAILS

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